



## Karate Program

**Kickstart Your Child's  
Confidence with Karate!**

### Why Karate for Young Children?

Our karate program, designed for children from Rising 3 to Grade 1, is a fun and engaging way for kids to learn important life skills. Through karate, your child will develop discipline, respect, and coordination, while building confidence and making new friends.

### Program Highlights

- Age-Appropriate Training: Focused on basic movements, balance, and coordination.
- Certified Instructors: Experienced teachers specialized in working with young children.
- Safe Environment: Classes in a controlled setting with safety equipment and a low student-to-instructor ratio.
- Fun and Engaging: Activities are designed to be enjoyable while teaching essential karate techniques.

### What Your Child Will Learn

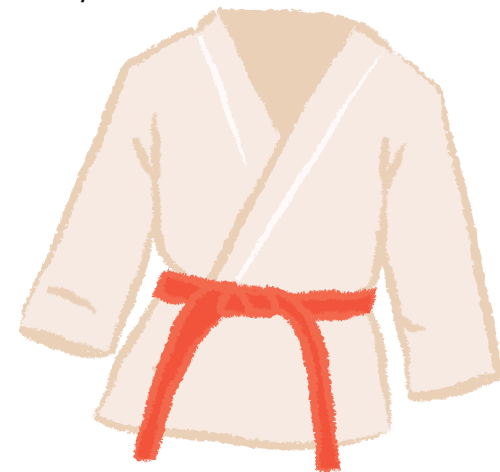
- Basic Karate Skills: Introduction to stances, simple blocks, kicks, and punches.
- Physical Development: Enhancing balance, flexibility, strength, and motor skills.
- Discipline and Respect: Learning to follow instructions, practice self-control, and work as a team.
- Confidence and Social Skills: Building confidence through skill mastery, social interaction, and celebrating achievements.

### Program Details

- Location: School Campus
- Schedule: Wednesdays
- Duration: 1 hour
- Cost: \$150 per term

### What to Bring

- Uniform: Karate gi
- Accessories: Water bottle



### Register Now!

To enroll, please complete the registration form and return it to an administrator. Spaces are limited, so register early to secure your child's spot!

### Contact Us

For more information, please contact us. We're excited to help your child start their karate journey and grow in a supportive environment!

**Join Us for a Journey of Growth and Fun!**